ओइम् FAMILY PRAYERS



हिरण्यगर्भः समवर्त्ततात्रे भूतस्य जातः पतिरेक आसीत्। स दाधार पृथिवीं द्यामुतेमां कस्मै देवाय हविचा विधेम ।।२।। यजु० १३।४।।

Om Hiranya garbha samvartatägre bhütasya jatah patireka äsit. Sa dädhara prithivim dyämutemäm kasmai deväya havishä Vidhema (RIG VEDA 10-121-1)

Before the creation of the Universe luminous matter was present in its primordial form. Of this too the master was God, the Creator of all the worlds. That God sustains this earth and the solar regions. To that blissful God we pray with faith and devotion."



नर्पस्ते हरसे शोखिषे नर्पस्तेऽअस्त्वर्चिषं । अन्यास्तेऽअस्मचंपन्तु हेतर्यः पावकोऽअस्मभ्यं*श्विवो मंव ॥२०॥

"NAMASTE ASTWARCHISHYE" (YAJUR VEDA 30: 20)

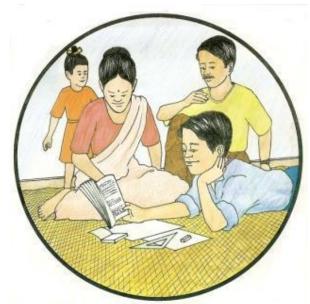
" With all the power of my hands
With all the love of my heart,
With all the intelligence of my mind,
I pay my due respect to the Soul within you"



ओं अन्तपते अन्तस्य नो देहचनमीवस्य शृष्मिणः । प्रप्रदातारं तारिष ऊर्ज्यं नो धेहि द्विपदे चतुष्पदे ।।

Om annapate annasya no dehyanamivasya shushminah. Prapradataram tarisha urjam no dhehi dvipade chatushpade.

O Lord, the Giver of Food! May thou provide us with healthy and energy-producing food. Grant happiness to those that give food in charity. May all living beings be blessed with energy-giving food.



याँ मेधां देवगणाः पितरंश्चोपासते । तया मामध मेधयाग्ने मेधाविनं कुरु स्वाहां ॥१४॥

"Om Yäm medhäm devaganäh pitarash cha opäsate. Tayä mä medya medhayägne medhavinam kuru." (Yajur Veda 32-14)
"O Giorious godi be gracious to endow me at this time with that talent (medha) which the learned ones and fathers pray for.

May noble wisdom come to us from all sides, unperverted, unhindered and over-flowing, so that our organs may always help us onward, unceasing in their care and be guardians day by day."



अमिवादनशीलस्य नित्यं बृद्धोपसेविनः। चत्वारि तस्य वर्धन्ते आयुर्विद्या यशो वलम् ॥ १२१ ॥

ABHIWADAN SHILASYA NITYAM, VRIDMO PASEVINAH CHATWARI TASYA VARDHANTE, AAYUR, VIDYA, YASHO BALAM." (MANUSMRITI, 2-121)

"He who has a sweet and amiable disposition and serves the wise and old with all his heart, continually gains in knowledge, reputation and strength and enjoys a long life." Whilst he that is otherwise, never advances in knowledge, etc.



सहंदयं सामनस्यमविदेशं कृणोमि वः। अन्यो अन्ययोभे हर्यन वन्सं जातमित्राहन्या । १।

Om Sa hridayam säm manasya mavidwesham krinomi vah. Anyo anyambhi haryata vastam jata miväghnyä (ATHARVA VEDA 3.30.1)

"O Family Members! May you, united together, live in harmony. May your minds think alike, so that there may be no animosity between you, Just as the cow runs after its newly-born calf with love, in the same way treat each other with love and consideration."



गायत्री मन्त्र:

ओ३म् भूर्भुव: स्व: । तत्सवितुर्वरेण्यं भर्गी देवस्य धीमहि । धियो यो न: प्रचोदयात् ॥ यजु. ३६ ।३॥

हे परमात्मा, आप प्राणदाता हैं, दुखहर्ता हैं, और सुख के प्रदाता हैं । जगत के उत्पादक, हे प्रकाशमान परमात्मा देव ! हम आपके वरणीय श्रेष्ठ, शुद्ध स्वरूप का ध्यान करते हैं । आप हमारी बुद्धि को सन्मार्ग की तरफ प्रेरित कीजिये ।

GAYATRI MANTRA

Om bhur bhuvah swah. Tat savitur varenyam bhargo devasya dhimahi. Dhiyo yo nah prachodayat.

Yajur Veda 36/3

O God, the Giver of life, Remover of pains and sorrows, Bestower of happiness and Creator of the Universe, You are most luminous, pure and adorable. We meditate on You. May You inspire and guide our intellect in the right direction.

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